Building the Learning Continuum with our Partner Schools

Last week we were busy hosting our partner primary schools in the classroom. High School for many is a time for meeting a whole new group of friends, experiencing new types of learning and building further connections beyond the classroom. The Year 6 students completed science experiments, cooked healthy pizzas and made objects in a woodwork class. Thank you to all students and teachers who assisted this excellent program, Mrs Murdoch, Mrs Kneeshaw, Mr Smith, Mr Westerway, Mrs Bingham, Ms Rowland and thank you to Mrs Smith and Mr Matuschka for their coordination. A big thank you to the students who assisted as well. This was also an opportunity for our students to mentor and support our future younger students. We are looking forward to our new Year 7 students coming to High School.

Check out our new WEBSITE

We have launched our new website, It will be a focus of communication along with our FACE BOOK page. Keep up to date with our programs and our achievements.

A better way of funding our schools

The NSW Government is introducing a new funding model for all NSW public schools that is simpler, fairer and more transparent. The funding model is a key part of a broader education reform called Local Schools, Local Decisions,...

Principals last word...

Practice, persistence and patience will see goals achieved. Ensure you have the 3 P’s in your mantra.

Have a great week everyone.

Denise Lofts, Principal
Ulladulla High School

Apps of the week

Fires Near Me from the RFS

The official iPhone application of the NSW Rural Fire Service. This application provides information on current incidents across NSW attended by the RFS and other agencies. It also provides information on total fire bans. It gives users the ability to source information on incidents near them. More information may be found at http://www.rfs.nsw.gov.au .

Focusbar App

Helps you stay focused - just type in what you want to do, and Focusbar will gently remind you not to mess around with other stuff and get back to work. If you're easily distracted, there's no better way to keep you in focus, than using

NEW improved version:

iDoneThis.com support has been added to Focusbar. With an iDoneThis.com account, you can now submit your tasks to iDoneThis.com calendar at the end of your working day. Bring your tasks to a focus with Focusbar — a simple but powerful tool.
Students and staff welcomed Year 6 students last week from Ulladulla Public, Milton Public and St Mary’s Star of the Sea Primary Schools. They were treated to a little cooking, a woodwork session and a blast of Science. Well done everybody and we look forward to seeing all these eager students wearing Ulladulla High School uniform on Wednesday 29th January 2014.

Parents/carers have their chance to see more of the school at the Orientation Day scheduled for Wednesday 4th December. With the calibre of students we saw during last week Ulladulla High is sure to go from strength to strength!

Experiencing a Taste of High School

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Community Support Appreciated

Last Thursday Joan Clarke and Jan Sherwood, on behalf of the Milton CWA, presented students and Mr Murdoch with a cheque to support the upcoming excursion where students will learn about and gain confidence using Sydney’s public transport system in the city of Sydney. We thank the CWA for their generous support.

L-R Joan Clarke, Daniel D, Georgia P, Caitlin C and Jan Sherwood

Thirst for Knowledge Encouraged at UHS

Jesse T, Year 11, applied to attend the two day ‘Youth Science Forum’ at the University of Western Sydney in January 2014 and has been accepted. Congratulations Jesse. It is good to see students looking to widen their educational horizons, whilst enjoying their holiday break. This is an opportunity for Jesse to develop her knowledge and skills related to Science and professional leadership, at the same time meeting talented like-minded peers. Well done Jess and enjoy the experience.

We met some of our ‘budding’ new Year 7 students whom we will welcome in 2014. We hope they enjoyed their ‘Taster’ lessons in cooking, woodwork and Science!
Leading the way... showing you belong

Uniform Shop
OPEN WEEKDAYS
Monday-Friday 7.30-9.30am
(Entry available through lower
St Vincent Street gates - Dial 152
on intercom to request gates opened)

Options of Payment:
• Cash or Eftpos or Credit card, Mastercard, Visa
  (parent/ guardian to make purchase in person)
• No Layby and NO PERSONAL CHEQUES accepted
• Retain receipts for exchanges and tax purposes
• Online ordering and payment - go to
  www.daylightsportswear.com/ulladulla
  and set up your
  account profile to place your order

Uniform price list can be found on our website
http://www.ulladulla-h.schools.nsw.edu.au

You are invited to...
UHS Uniform Focus Meeting
Wednesday 30th October
3.30pm in Admin Building
All Welcome

From Canteen

Canteen Meeting Tuesday 29th October
3.15pm in Canteen. All welcome!

Specials every day including hot cooked
$3 meals + vegetarian slice $2.20
Fried Rice only $2 + Jelly $1
Fresh fruit $1.20

Free Vegemite Toast available Tuesday and
Thursday mornings thanks to the SRC
volunteers and Ulladulla Anglican Church

Check on http://www.ulladulla-h.schools.nsw.edu.au
for the Canteen menu & pricelist
and get your lunch orders in before 9am

P&C News
The UHS Canteen is our source of funding. We help
students who have represented the school at state, also
Science classes who have achieved State level
participation in competitions. Annually the school asks the
P&C for funding to help in all areas of the school faculties
and we love to oblige as much as is financially possible.
However, our Canteen can only make money if we have
volunteers who give their time. Our new facilities are
large and there is plenty of room for our wonderful
volunteers… Phone Lynda on 4454 1758 if you would
like to join her band of helpers so you can be put on the
roster.

Uniform Swap Shop
Open Tuesdays 8.30am-9am
Location: J7 demountable
entry via South Street gates nearest to Camden St
We appreciate donations of clean preloved uniform
items - please leave at Reception or Student Services, or
the Uniform Shop. Thank you.

Who we are - Where we live...

Thank you Jesse G for the great photo

It is drawing close to the time of printing the photos sent in
for ‘Who we are... Where we live...’ We will keep you
advised. Keep sending photos for inclusion in newsletters.

Students of the Week

Maya H, Year 7 is
conscientious and committed in
her study. Maya’s confidence
and helpfulness is an asset in
all classroom activities.

Kyle P, Year 9 is a good
mathematician and works well
to achieve good results. Kyle is
a good role model for younger
students and a fine
representative of Ulladulla
High School.

Congratulations to Maya and Kyle.
Keep up the good work!

We look forward to bringing you next week’s
students of the week!

Promotion Roll Call
Bushcare Program Underway

As mentioned in last week’s newsletter Ulladulla High School has undertaken plans to clear out the bush land near the Ag Plot and behind Q-Block, with the help of $15,000 from National Australia Bank and in partnership with Shoalhaven City Council Bush Care.

A new group consisting of several students has come together to help remove the weeds to make a learning area within the woods. Kate from Shoalhaven Council explained the different weeds and how to remove them, but because it was a rainy day, there was not much practical work to do.

Plans for this area include a foot path for easier accessibility for all students, a new drama area and experiments to test the water for science.

Mr Woodland, Mr Lake and Mr McDonell will guide the students in the program but the students involved are contributing their own ideas.

More updates will come soon.

Article by Kody G, Promo Roll Call

Students win at Artfest

Well done to all the UHS students that entered their artwork in Artfest this year. The theme was “Flow” and a number of our students won prizes. In the 14-18 age group Riley M, Year 11 won first prize, Chelsea S, Year 11 was awarded 2nd prize, with Hayley M, Year 10 taking 3rd and Hayley B in Year 7 won 2nd prize in her younger age group. Sharni B Year 11, Ava D, Year 8 and Maya L, Year 8 all received commendation for their work, in their respective age groups.

Congratulations to you all!

Roll it or stick it!

Did you know that the Department of Education has banned the use of aerosols on school premises, excursions, sporting events and all events where students are, these include aerosol deodorants, sprays and perfumes?

Students are encouraged to follow correct hygiene procedures by applying deodorant at home after showering. A good deodorant should last all day if applied to clean skin before dressing.

Some members of the school community suffer severe allergies to aerosol sprays or perfumes that can act as a trigger to and (often) a serious asthma attack, or bring on a severe migraine in a sensitive individual. The allergy can be sufficiently serious to put a student into anaphylactic shock if an aerosol can has been used anywhere in the student's vicinity. This can be a life threatening situation, resulting in the student being transported to hospital in an ambulance.

A safer alternative is to use:

- **Stick deodorants**
- Some roll on deodorants can be used on outside of clothing and will not stain. You can also reapply under arms at any time during the school day

**NOTE:** Roll-on and stick deodorants are permitted at school.

Caring for your fellow students and staff...

Promotion Roll Call

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Short Story

**by Evelyn B, Year 10**

It's 10:30 in the morning and a soft breeze whips white peaks over the ocean. The cerulean sky is streaked with thin diaphanous clouds that hang over a foggy horizon. With a few lifeless chugs our boat slows down and Max and I pull up onto the icy shore. Our boots crunch in the slushy ice as we unload our equipment and head off to work.

I can taste the salt in the air as we make our way along the shafts of ice and snow and towards the immense glacier that lies ahead of us. By the time we reach the foot of the glacier we begin to assemble our equipment and proceed in taking samples of ice for testing.

My hands are numb and stiff with cold and handling small pieces of equipment proves to be more difficult than I first anticipated. As I stop for a break I notice something moving along the ice.

One grey shape only twenty metres away, treads along the land, head hanging low. It’s lumbering paws skid along the thin ice, and its white fur is smeared with dirt. The ice beneath it keeps breaking and giving way as it clumsily struggles to keep its feet. It sees me. …I hold still.

Its big, brown eyes, helplessly stare into mine as if to say, where’s all the ice? Where has it gone? Where am I supposed to hunt for seals and dive for fish? Where am I supposed to raise my cubs and roam the rugged land free and wild as I am? What have you done? What have you done to me?

A warm, salty tear rolls down my cheek like syrup as I watch the helpless creature struggle. My stomach churns with guilt and my breath becomes shallow and inconsistent. The moment passes, and with one last look of despair, the creature turns and makes its way until all I can see is a grey speck dotting the horizon.

I wipe the tears from my eyes before Max notices. I think to myself, what have we done?
**Tech Byte**

**Bioshock Infinite** is a first person shooter played in the role of Booker Dewitt. Bioshock Infinite has been out since March 26, 2013, and hasn’t seized to disappoint. Bioshock Infinite follows the story of Booker Dewitt, Elizabeth and their journey throughout the mysterious floating city of Columbia. The Bioshock Infinite story goes very in depth, and unveils itself throughout the game. Gameplay entails Booker Dewitt using many different weapons, including having power over some of the elements, including fire, and others which you gain throughout the game. Bioshock Infinite is a great game and has been rated 4 stars out of 5.

By Dylan H

**The Music Shuffle**

**Man Overboard – Heart Attack (2013)**

*Label: Rise Records*

‘Heart Attack’ sees Man Overboard stretch their sound a bit in both directions. At times a bit more pop than we’ve seen from them in the past, others more punk, and others where we get exactly what we expect to hear from them. There’s some quite good work on here, but there is also some average and disappointing tracks in the mix. All in all, while the release is worth checking out, you can’t help but feel as though the band is able to do better.

By Carolyn E

**iTunes Top 10**

Here at the promo page we want to know what you want to see here. If you have a suggestion or any requests send them to: promorollcall@gmail.com

Thanks Everyone!

**Fighting side by side**

Last week we had a student and teacher away fighting fire, we wish them all the best..... stay safe! Our thoughts go to the families who have been relocated or lost their homes and the disruption the fires have caused to so many… stay strong!

**Year 8 Selective Class 2014**

The application cut off has been extended to Wednesday 30th October. Please see Mrs Smith for application form. Any enquiries please speak to Michael Matuschka Ph 4455 1799.
Supporting Kiarn
The students at Ulladulla High School, especially Year 8, and our SRC are busy organising ways to raise money to help Kiarn R and his family with his battle with Cancer.

Ulladulla’s Greatest Shave
Friday 15th November  Lunchtime in MPC
Students are invited to come and watch students and teachers have their heads shaved.
Sponsor your friends and buy cupcakes on the day.
We need more volunteers to get their heads shaved (see Mrs Lees in Budjan Staffroom for a permission note and an official sponsorship form)

Fundraiser Dance at ExServos Club
Thursday 28th November  Tickets $10
Theme: Surfers & Skaters in Hawaii
Lots of prizes to be won on the night
Virtual tickets also available (you can purchase with a credit card by phoning 4455 1799 - $1 fee)
Thank you to the ExServos Club for donation of club function room; plus Woodfire Pizza, AKWA Milton, Southern Man Ulladulla, Soulful Beauty for donations of vouchers as prizes. If anyone else would like to donate prizes, please phone 4455 1799 and we can direct you to the SRC.

Reminder: HSC 2014 Information Night
28th November  6pm in new Drama Studio
Cheryl Russell from the Board of Studies will be presenting an information session for parents and students, especially relating to the important role parents play in supporting their child during the HSC year. Year 12 teachers will be in attendance to help answer any further questions. The session will go until approximately 7.30pm. Please RSVP by phoning school office 4455 1799 or returning slip.

Y11 Head Start 2014 Information Session
Next Monday afternoon, 4th November, at 5pm there will be an information session for parents/carers and students currently in Year 10 who are interested in the 2014 Year 11 HSC Plus -Head Start Program. It will be an opportunity to hear about the program and have your questions answered. Invitations will be handed out to students on Wednesday with more information. Any enquiries, please phone Craig Murdoch on Ph 4455 1799.

Why wear uniform at UHS
Research shows that...
◊ wearing of school uniform has very many advantages to both pupils and teachers. It reduces peer pressure, raises a school's pride, assists in discipline problems, gears focus more to learning, creates a more work-like atmosphere and leads to less distractions.
◊ Schools require you to wear school uniform because it makes everyone seem more equal. Some people can afford nicer clothes than others, and it can seem unfair to other students who are not as fortunate. Uniforms help students focus on education rather than name brands of clothing!
◊ School uniform solves that age old question of; “What should I wear today?“

Community News

UHA GALA NIGHT
Milton Ulladulla Hospital Auxiliaries invite you to attend a night of dinner, music and entertainment for the benefit of a new Renal Unit at the Milton Ulladulla Hospital.

Save the date!
Saturday 30th November 2013 @ 6.30pm till late
Venue: Milton Ulladulla Ex Servos Club
Dress: Formal
$70 tickets available from the Ex Servos reception
Major prize drawn on the night! Win a Holden Barina Spark.
If unable to attend the evening, donations greatly appreciated.

Are you looking for work?
Do you have a disability or mental illness and need assistance to get work?
Are you lacking self-confidence, have anxiety, depression, feel isolated and lonely? Ostara Employment Services are strengths based and individualised to meet your needs.
Ostara Australia can help you with:
• Resumes, marketing to employers; cover letters; on the job support;
• Interview skills; job search support and much more!

We have various locations in the Shoalhaven. To find out more about our services and eligibility criteria please contact our friendly professional staff.

Nowra  Ph: 4423 5407  Ulladulla  Ph: 4455 7652

Christmas Cake Decorating Competition
Ulladulla Milton Lions Club
Entry forms can be collected from Student Services.
Cakes are supplied by the Lions Club ($10 deposit required - to be returned on delivery of decorated cake). Can have multiple entries. Decorated cakes to be delivered to the Dunn Lewis Centre Saturday 7 December. (Entry form has all details). Prizes include $50 for ‘Best in Class’, then ‘Encouragement Award’ and ‘People’s Choice Award’
Good luck everybody - get creative!

Dates to Remember
Wed 30/10 Y8 2014 Selective Class Applications close
Fri 1/11 Y12 Sign Out 9-12noon in Library
Mon 4/11 Information for Y11 Head Start 2014 5pm
Wed 6/11 Excellence Assembly
Fri 8/11 Y12 Sign Out Day 9-12 in Library
Mon 11/11 P&C Meeting 7pm in Library
Tues 12/11 Y12 Formal in mpc
Thurs 14/11 Principal’s Awards Ceremony
Tues 19/11 Coolendel Camp for Y7
Thurs 28/11 HSC 2014 Information Evening 6pm
Mon 2/12 Y7 Parent Information Evening
Wed 4/12 Y7 Orientation Day
Thurs 5/12 Friends of the School Luncheon
Mon 9/12 Greenpatch for Y11 (all week)
Thurs 12/12 Year 8 Fun Day at Jamberoo Theme Park