“Give more, expect less”… & believe in your educational future

Learning goes well beyond 3.30pm.- We say ‘Yes’ to opportunity @ UHS

While conducting a Principal’s tour last week, it was amazing the activity that was going on in our school after 3.30pm. In the library our Norta Norta Homework Centre, in Q block there were Senior tutoring classes for Chemistry and Physics, English Extension speeches and in the Music rooms Mr Grace was working with music students in preparation for their performance; also our MPC was a busy place as it was being used by our Gymnastics Club. Wow! - and the gymnastics coaches were our Year 9 and 10 students guiding the younger students! Congratulations to all those students and teachers who are making the most of the opportunities they have. We just say ‘yes’ at UHS.

We continue to develop the whole person: Bully Awareness Week

Congratulations to our students who have been involved in a myriad of activities this week. A Relay for Life School Disco is being organised by a group of enthusiastic Year 11 students. And Bully Awareness Week activities run by Shoalhaven Council for our students certainly was an amazing hit. The facilitators were so impressed by our students: “genuine, enthusiastic, authentic, collaborative, creative and caring” were the words used to describe the fantastic students who participated. Congratulations.

Bangarra Dance Workshop brilliant

What a great opportunity for our students. Congratulations to all the students who joined the highly acclaimed dancers. We look forward to your performances.

Have an outstanding week and remember that ‘sincere compliment’ idea. We wish Mr. Wood all the very best in his Retirement and the Hawaiian send off was a great way to spend morning tea. We look forward to Mr. Wood being back in our school doing some relief teaching. We will miss you!

Denise Lofts, Principal

Principal’s last word

Students will know I am always going on about, ‘What about Uni’, if you work hard and set your goals and you have a ‘dig’, you will achieve that goal. And many many young people who never thought they would ever go to Uni, have achieved that dream. Everyone has a different story, I invite you to view some amazing stories from Australian National University.

https://www.youtube.com/playlist?list=PLS4rZ-CRtZpTlnC3p8Vu2NkyPBdXm6UiR

App of the week

Description

"Effortlessly Blends Fun and Creative, Never Get Bored with It!" --- Editor’s Pick from App Eggs.com

An easy-to-use app to make you an artist by creating pencil sketch of your photos.
BAM — Bullying Awareness Movement

Research commissioned by the Federal Government shows one in every four Australian students is bullied at some point in their schooling lives. These students are three times more likely to show depressive symptoms and are nine times more likely to have suicidal thoughts or actions. On Tuesday 18th March a group of youth workers came to Ulladulla High School to run a workshop for a group of students from Ulladulla and Vincentia High School, aiming to raise awareness about bullying. During the workshop, a police officer, psychologist from Headspace and a member of the public with personal experiences of the effects suicide and bullying can have on the victim’s family, spoke to the students about the legal and personal implications that bullying can have on the bully, and the victim.

The students did a range of activities, including drama, art and musical focuses, promoting the awareness of bullying and coming up with strategies to stand against it. The workshop was an extremely eye opening experience, and the students learnt many facts, statistics and coping mechanisms to do with bullying. It was a very inspirational workshop, and has definitely had a lasting impact on many of the students who attended.

BAM (Bullying Awareness Movement) is a growing organisation that aims to raise awareness and educate youth about bullying, and is based in the Shoalhaven region. Please get behind this important and significant movement, and raise awareness for an extremely prominent issue. Facebook: BAM Shoalhaven     Email: bamshoalhaven@gmail.com

Grace C, Promotional Roll Call
Students of the Week

Zac C Year 12 is not only our new Vice-Captain, he is also very careful to take advantage of all of the great tutoring that UHS offers. Zac is a hard worker as well as a good sportsman and responsible citizen, truly a person UHS is proud to call their own.

Abbie W Year 10 is a student who is admired for her persistence in the pursuit of better marks. Abbie is respected by students and teachers alike and really deserves this accolade.

Congratulations to Abbie and Zac.
Keep up the good work!

We look forward to bringing you next week’s students of the week!

Year 7 Environment Day COMING SOON!
Thursday 5th June
Coincides with World Environment Day
This is a very fun day for Year 7 students. During the day students participate in many activities learning about the environment in a hands on, involved and mentally stimulating way.

Who We Are... Where We Live

Photo of UHS by Daniel D Year 11

Year 7 Environment Day

Promotion Roll Call

Diary Date:
P&C Meeting Monday 12th May
7pm in the Library
All welcome

Promotion Roll Call

More to see on the UHS website
You will notice a change in the Summit Times this week and going forward. We hope you enjoy the new colour format and for even more news including Careers, Sports Snippets, Koori Korner and much, much more, go to:

www.ulladulla-h.schools.nsw.edu.au

Uniform Shop
OPEN WEEKDAYS
Monday–Friday 8.00–10.00am
All items in stock at present including black cotton/acrylic (senior) cardigans $73
Uniform price list can be found on our website http://www.ulladulla-h.schools.nsw.edu.au

Canteen have yummy food at good prices!

Free Vegemite Toast available Tuesday and Thursday mornings thanks to the SRC volunteers and Ulladulla Anglican Church
Organise your LUNCH ORDERS in the morning
Check website for the Canteen menu & pricelist
Thank you to our new volunteers who have come forward for Canteen service one a month/term

Promotion Roll Call

We look forward to bringing you next week’s students of the week!

Promotion Roll Call

Book Review

‘Diary of a Wimpy Kid’
Series by Jeff Kinney
The Diary of a Wimpy Kid series is a world hit among kids and teenagers alike. It is a fictional story about a weakling called Greg Heffley. He writes to his diary about middle school and high school life and his troubles with his not-so developed best friend, Rowley Jefferson. It is funny and a great comic relief. There are 10 books in total (including the Do-It-Yourself Book and Movie Diary), and they all have a great storyline. The books are very short, so if you’re not a big reader and enjoy comedy, this is the right series for you.
8/10

Promotion Roll Call

Uniform Swap Shop
Open Fridays 8.30am-9am Located behind Canteen
SPORT SNIPPETS/RESULTS for Week 8-9 can be found on the school’s website.
Click on ‘Curriculum and Activities/Sport Snippets.

Swimming Champions in our midst!
Ulladulla High School came 3rd at Region - brilliant results and a credit to all the team who competed (photo in last week’s ‘Sport Snippets’).

Oriane V was the 15 year Age Champion. Oriane BROKE the 15-16 years girls 200 Individual Medley Record at Regional Swimming, along with all the other races she WON which included: “100m Freestyle, 200m Freestyle, 100m Backstroke, 100m Breastroke, 100m Fly and 50m Freestyle.

Daniel W was ranked 4th in 15 years boys
Piper H ranked 5th in the 12 years girls
Hannah F ranked 7th in the 16 years girls

Parent/Teacher/Student Meetings
Years 10, 11, 12 TONIGHT (Monday)
Teachers are looking forward to meeting you face to face to discuss learning with you and your student. If you have not managed to make a booking we have sent home a booking sheet with a letter. Don’t miss out on this wonderful opportunity. If you missed making a formal appointment between 4pm-6.30pm you are invited to attend and hope for a gap with the teacher/s you would like to speak to.

Included in our school’s website update, will be the opportunity to continue to place advertisements from the community. We thank you for your support and hope you continue to receive good publicity.

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