Welcome Back to a another great term of learning.
Today is the time to set your Personal Goals for this Term.

“Hope is not a Plan” - Plan to be awesome this term. Set your Goals and have your plan sorted

Saying “I hope to do better” is not a plan. Instead say “I have a plan to do better with my maths or artwork finished etc”, You have to have goals and a plan.

It can be as simple as a list of ways of doing things differently. Some ideas.

◊ Pack my bag each night ready for school the next day.
◊ Write in my diary my homework and check my diary for homework.
◊ Read for 30 minutes each day. (Best way to improve learning)
◊ Attend our Tutoring sessions one day a week.
◊ Meet with friends to study once a week. Revise together.

Student Principal for a DAY June 4th

What is ‘Student Principal for a Day’?

For every student who has ever wanted to change their world...or simply make a difference at our school...an opportunity to be “Principal” for a day.

This is a national initiative of the Principals Australia Institute (PAI).

Students will get the chance to:

• Step into the shoes of “principal” for a day
• Take part in a number of leadership opportunities throughout the day (negotiated with the real Principal)
• Contribute to a national online student conversation about leadership and the issues relevant to today’s students.

More information coming, watch our website and our FB Page on how to enter.

Congratulations to our MVPS from Term 1

Students who were awarded points for being the most valuable player at sport are rewarded. Your great attitude, sportsmanship and contribution to the team is noticed. Make sure you give your best this term.

It does matter for your house points.

Thank you to AKWA and Arcadia Twin Cinemas. Awesome efforts!

Have a great start to Term 2. Be Awesome!

Denise Lofts, Principal, Ulladulla High School

Principal’s Last word....

Can’t wait to see who would like to be ‘Student Principal for a Day’? If you have ever wanted to make a difference at our school. This is your opportunity.

Check out the ABC clip (see website).

Launch of Shoalhaven Aboriginal Youth Strategy

Thank you to our Ulladulla Aboriginal Educational Consultative Group who, along with Mr Barry and myself, attended the launch of the Shoalhaven Aboriginal Youth Strategic Plan with Mike McMullen who delivered an inspiring speech that illustrated the ways we can fully meet the needs of all our students.
KURT THE YOGURT

Life is boring here at Franklins; I’ve always wanted to know what the real world is like. No one ever picks me, I wonder what it would be like to be taken by the hands of a human. But that’s when my wildest dreams came true...

Just a normal winter’s day at old Franklins I was just keeping to myself watching all the humans walk by waiting anxiously thinking that they would pick me! An old lady came and reached above me and went to grab Marlon the milk (him and his mates always get picked). She bent down and put it in her trolley and strolled away, I was once again disappointed. A long time went by and then a little girl skipped past me but as she went by she glanced and then turned around and bent down and looked me right in the eye. She had a huge smile on her face and giggled and then she picked me! She picked me up! I don’t remember leaving the grocery store cause I was jam-packed with other foods.

I got put into a bag and then a lady took me out and then she started twisting me and I was very nervous because I had never experienced this. All of a sudden I was squeezed right up into something that felt soft and then I was mooshed around.

All of a sudden I started sliding down a long tube that was really dark and everything felt slimy, I was very excited! The long journey down the tube ended and I stopped and I met Sally the stomach. She told me that I would be broken down mixed with acids, so I started breaking down into smaller bits and I was all over the place! Sally wished me well for my next stage!

I moved into a long tube that was all mixed and twisted together, and then I came to a special place called the duodenum, which Sally the stomach told me about. After that was all done parts of me separated and I fluttered through the bloodstream and the bones, and right up to the very top, the teeth!

...This story was the result of studying nutrient digestion then as a creative writing activity I asked students to research and compile a creative story about a specific nutrient and its journey throughout the body.

Narrell Murdoch, Food Tech Teacher

Cricket Report

The Ulladulla High Hassett Cup team travelled to Merimbula on Tuesday 8th April for a much anticipated clash with Eden Marine High.

The weather was finally on our side and under blue skies the game commenced. After winning the toss and deciding to bat, Eden played with consistency and scored runs at a steady rate. Our ground fielding was sound but a few difficult catches went down allowing the Eden batsmen to push the score along. Zac J sent down some quality spin, taking a couple of wickets late in the game. Skipper Jared S also bowled well, showing excellent control and Cody R was his usual consistent self, making scoring tough for their openers. Cody had been sick the day before so to turn up and really contribute was a fantastic effort. Eden finished on 9/140, a very respectable score that would take some chasing. Cody opened with Matt G and after losing Cody early, Jared went out to join Matt. That’s where the game was taken away from Eden, with Matt going on to score 73 and Jared 27 as they put together a partnership of over 100! After they retired, Lleyton R, Travis W, Dale R and Lachlan P finished off the job. Ulladulla winning after scoring 2/150 with 10 overs to spare. Thanks to the parents who drove down and assisted with scoring. Looking forward to our next match in Term 3!

Michael Ramsden
Teacher/Cricket Coordinator

Photo Left  Our Aunty Nell was one of the official Elders to open the new Cullunghutti Aboriginal Child and Family Centre with Shelly Hancock. Over 250 attended. Guest speakers included Uncle Willy Bloxsome, Dr De Souza and CEO’s Frank Frances, along with Shelley Hancock and Centre staff.
Uniform Shop
OPEN WEEKDAYS
Monday–Friday 8.00-10.00am
You are invited to the Library to see display of exciting uniform additions being proposed. Survey forms available for your feedback - either collect a survey from Library counter or webpage.
New Black dress pants $39 - arriving soon.
Check this space and webpage for arrival notification.
Uniform price list and information on our website http://www.ulladulla-h.schools.nsw.edu.au

To ensure there is no confusion in the expectation for the GIRLS Winter Uniform, black dress trousers will be available at the Uniform Shop for $39. Black or grey yoga style, cotton elastic pants and black sport tights are NOT ACCEPTABLE as UNIFORM.

Please come to library and complete the survey sheet (in the library and on our webpage) re the samples of proposed additional uniform - we look forward to your feedback.

Uniform Swap Shop
Open Fridays 8.30am-9am located behind Canteen

Who we are - Where we live...
Great photo by Hannah W Year 7

STOP PRESS
Oriane V, Year 10, made the finals for all seven of her Combined High School Swimming Carnival events and came back with a gold, silver, 3 x bronze medals and a 4th and 5th place! Wow!

P&C Meeting Monday May 12
Are you passionate about our school? Do you want to make a positive contribution? Please come along to our next meeting on Monday May 12 at 7pm in the library. We are also still looking for a new President and Treasurer. If you have skills to contribute to our committee please come along.

Outward Bound
18 Year 9 students will again be heading off to Tharwa for an adventure of a life time with Mrs Lees from 1 June to 7 June. I would like to thank the wonderful service clubs Rotary, LIONS and APEX who have substantially subsidised the cost of this fantastic and inspiring trip.

From Canteen
Lots of yummy food at good prices!
Free Vegemite Toast available Thursday Morning this week thanks to the SRC volunteers and Ulladulla Anglican Church

Welcome back everyone, especially our VOLUNTEERS - hope you all had a good break and are ready for winter! If you can volunteer please phone 4454 1758
Organise your LUNCH ORDERS in the morning. Prices on http://www.ulladulla-h.schools.nsw.edu.au
CHS Swimming 2014 Results

Congratulations to all students who competed at State – what a fantastic achievement.

Congratulations Oriane V - our Champion - WOW! Results below:

**Individual Events**

- Piper H 12yrs 21st 100m Breaststroke
- Lily M 12yrs 25th 100m Backstroke
- Jed W 14yrs 15th 100m Backstroke
- Daniel W 15yrs 23rd 200m Free and 21st 100m Back

**Oriane V 15yrs made the finals in all seven events**

- Gold 100m Free
- Silver 100m Fly
- Bronze 200m IM (15-16yrs combined)
- Bronze 50m Free
- Bronze 200m Free
- 4th 100m Breaststroke
- 5th 100m Backstroke

Hannah F 16yrs 17th 100m Breaststroke

**Relay Teams**

**Open 200 Medley**

- 15th Sarah M, Hannar F, Makenzie Ring, Oriane Villiers

**15 yr. Girls Relay Team**

- 17th Aniek A, Anna S, Makenzie R, Oriane V

**14yr. Boys Relay Team**


**13yr. Girls Relay Team**

- 22nd, Rachael K Zali P Mia G, Siena J

Congratulations to Taryn Love and Jessica Went who have been chosen in the South Coast Netball squad. Training and further trials will see a final team chosen, and we wish the girls luck.

**Community News**

Fire & Rescue NSW OPEN DAY Saturday 17 May

10am-2pm Come and watch fire safety demonstrations, extrication techniques for road crashes (cutting up vehicles) hop aboard a fire truck, learn about becoming a fire fighter and get an information bag while chatting to fire fighters.

**Host Families Needed**

*Experience another culture, make new friends, improve your language studies at home*

The following are not-for-profit organisations who find host families for students from all over the world:

- World Education Program/Student Exchange
  Ph 1300 884 733  Visit w w.w.wep.org.au
- Student Exchange Australia NZ Ltd Ph (02) 99970700
  www.studentexchange.org.au

**Dates to Remember**

**Keep Kids in Mind**

*A Course for Parents Exploring Conflict after Separation*

Dates: 15th May 2014

The is a 5 week course in Nowra and all participants must register by calling 1800 55 46 46 Catholic Care

**Chalkies smash the kids...Kind of!!**

Ulladulla High School conducted their first students v teachers match of the year, in the last week of term.

**Game one** saw The Chalkies take on the Gawura House which were a sea of blue. The Chalkies came out firing with some great combination work from Mrs Robinson, Mrs Smith and Mr Armati to put them in front by 5 straight up.

The Whales team fought back with some star moves from Matt S but were no match for the Chalkies team going down by two points at the full time hooter. Final score Chalkies 9 Whales 7.

**In game two** Mrs Ingold changed allegiance to join her Guruwin House to try and take down the Chalkies. If Ryan F lemon t-shirt was anything to go by they would definitely be hard to beat. However his shirt and Mrs Ingold’s magnificent volleyball skills couldn’t stop the dynamic duo of Stephen and Hallett. Final score Chalkies 11 Sharks 10.

**Game three** saw the Chalkies team severely depleted when half the teachers joined their house mates on the Daringyan side. Joshua L seemed like he was playing more for the Chalkies than the Stingrays. However the Chalkies were never really in with a chance, going down by who knows how many points. We stopped counting after a while!

**The final game** of the day saw Mr Barry (Oh no) join his beloved Bara team to try and get some points for his house. Hannah F must have strapped a magnet to herself as wherever she went so did the ball. The game was tight and with some pretty dubious umpiring the Baras managed to get over the line at the sound of the final bell. The Chalkies didn’t really lose they just ran out of time. Congratulations to all those students who participated and thank you to Mr Skinner (and students) for creating a great atmosphere with your very loud music and timely sound effects. Thanks also goes to Mr Chris *(should have gone to specsavers)* Pearson for his umpiring. More on the web!

**Careers Reminder**

**WHITE CARD COURSE** MAY 30th 2014 at Ulladulla Contact Master Builders Association below to register Ph 4454 1955

Email debbiem@mbansw.asn.au

**Dates to Remember**

**Thurs 1/5** Vaccinations

**Wed 7/5** Mikawa students arrive

**Mon 12/5** P&C Meeting 7pm in Library

**Mikawa students depart**

**Tues 20/5** Principal’s Tour 4pm To book Ph44551799

http://www.ulladulla-h.schools.nsw.edu.au

Responsoble-Respectful-Learning

Creating creative, articulate and resourceful young people able to contribute positively to the global community