Recognition.. it is that all-powerful motivator. Expecting the best.

If we want to tap into young people, motivation and creativity then encouragement and affirmation is a fail-safe tool. Recognition of special talents, successfully completed tasks, incremental improvements in performance, new haircuts and punctuality are some of the small things that can make a world of difference.

The reality is that young people tend to raise or lower their performance to the levels of expectation set for them. As the great German writer Wolfgang von Goethe said; ‘If you treat an individual as if he were what he ought to be and could be, he will become what he ought to be and could be.’ It goes without saying that expecting and recognising the best in others is the best way to ensure that the best is what they give.

Congratulations to all our students. We expect the very best of you, on the sporting field, in the classroom, and in the community.

Zone 1 State Skill

Renae A is the WorldSkills Business Services Champion for Zone 1 NSW. There are now three Department of Education & Communities WorldSkills zones and the winner from each NSW zone with go to Perth. Thus there are three competitors from NSW in Business Services.

It was a very close competition between Renae and her competitor from Dubbo Senior High School. Renae will be packing her bags now for the National 3-day competition in Perth mid September—all expenses paid.

Renae is a model example of a VET student. She is a practical person. Ms Karen Bulbert (Business Services teacher) drummed into her ‘attention to detail, stay focused and calmly proofread everything before submitting’. Renae was very focused whilst under pressure and it paid off!
Have a fantastic week.
Denise Lofts, Principal

Principal’s last word...Be positive....Take time to encourage the good work of your friends. They will thank you with their friendship through their life.

**APP of the Week.: Everest**

**Everest – Achieve Goals, Set Resolutions, and Change Personal Habits**

This app is phenomenal. The things it does, it does exceptionally well. When you first launch this app there is a beautiful tutorial that is actually quite inspirational. From there an array of goals are presented to you accompanied with amazing photos from which you can choose to begin your journey.

Zone Cross Country

On Friday 16th May athletes competed at the Zone Cross Country carnival at Willandra Farm, Cambewarra. This carnival was hosted by Ulladulla High School. I had the pleasure of taking away 51 fantastic students who gave all they could on a beautiful sunny Cambewarra course. Thank you all those who attended.

Team moral and support amongst our team was strong as always, thanks to the leadership skills of Nathan Meredith. Ulladulla battled throughout the day sitting in 2nd place with a strong junior contingent however we slipped to a final placing of 5th. Our seniors that attended were highly competitive but not in numbers. Kiama continue to hold the trophy for the 12th consecutive year, Nowra 2nd, Bomaderry 3rd, Vincentia 4th, Ulladulla 5th and Shoalhaven 6th. Well done everyone involved.

The following four students Lily M, Lilly B, Gus F and Kristen K had the added accolade of finishing first, becoming Zone Age Champions.

Congratulations Renae.

Promotion Roll Call

Renae goes global

BEP Self Leadership Day

Last Wednesday the Year 8 BEP boys travelled to Berry Sport and Recreation Camp for a day of challenging outdoor activities.

The boys extended themselves beyond their individual comfort zones in tackling ….. “the giant swing”… A tower telegraph pole each of the brave lads had to pull the quick release and take a drop equivalent to Waimea Bay. With adrenalin pumping the guys were pulling off no hand free falls, supermans, karate kicks and inverted starfish.

A tricky team challenge made the boys think outside the box whilst negotiating a wire trapeze. Problem solving and positive communication saw our guys triumphant in conquering a goal set by the group. This challenge finalised the day and it was a great note to finish on with a sense of team spirit and personal achievement.

All smiles….and nobody left with the “mumps”. Oh yeah yeah woh woh woh. Well done guys.

Lenovo Battery Recall – Edge 11 (Green DER Laptops)

The green DER laptops (mainly used by Year 12) have developed a problem with the battery whereby they can overheat. Lenovo have recognised this issue and will replace any batteries affected.

Users can test whether their laptop battery is one of the affected batch by visiting [https://lenovobattery2014.orderz.com/](https://lenovobattery2014.orderz.com/) or drop you laptop to the TSO for processing.

Zone Cross Country

Thank you Mrs Munday and Mr Wilson and those parents who attended for helping on the day and to staff back at school covering lessons. Good luck at Region.

Chris Pearson
Head Teacher PDHPE
**Uniform Swap Shop**

**OPEN WEEKDAYS**
Monday–Friday  8.00-10.00am

*Seniors Zip black jackets (with hood) are expected to arrive mid next week. Price $40
*UHS logo black pants expected mid next week. Price $39

Uniform price list can be found on our website
http://www.ulladulla-h.schools.nsw.edu.au
Go to Our School and School Uniform

---

**Uniform Swap Shop**
Open Fridays 8.30am-9am
NOW OPEN  Wednesdays 8.30-9.30am
located behind Canteen
We need lots and lots of clean preloved uniform please!
Thank you to our two wonderful volunteers

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**Students of the Week**

**Abbey B** Year 8 is House Captain for Guruwin for many different reasons but mainly because she is so inspiring in all of her actions on the field and in the classroom. Abbey is helpful, always smiling and a hard worker in her school life.

**Liam W** Year 10 is a dedicated student who is always focussed on the task at hand. Liam is always polite and respectful to everyone and will also help anyone. Liam is a high achieving all rounder who UHS are proud to call their own.

Congratulations to Abbey and Liam.
Keep up the good work! We look forward to bringing you next week’s students of the week!

Promotion Roll Call

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Who we are - Where we live...

*Photo by Rachel L (paw prints in the sand)*

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**UHS Youth Bushcare Group**

Term 2 Bushcare kicks off this Tuesday 27th with an intensive program over the next five weeks. Under the guidance of Council’s Coordinator Miss Cate Brooks students will participate in a range of Bushcare activities and training. Next Tuesday’s program will commence with existing YBG members from Year 7 and the SEC (student names are in the daily notices for roll call) but if there are more interested Year 7 and 8 students, please see Mr McDonell in Mara Staffroom or email stuart.mcdonell1@det.nsw.edu.au

By Cody R Year 11

Students who completed the University of Wollongong Drug and Alcohol Survey last year will once again be called up to get involved. The survey will take place on Tuesday 27th May and Tuesday 3rd June. Participants will go into the draw to win a $50 voucher to one of the following businesses: Akwa Surf, Funland, Boots Outdoors, CC’s, Harbour Books, Southern Man, Ripcurl Surf Shop and Betta Electrical.

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**P&C News**

Help!! We still need a President and a Treasurer. If you can help please phone Ph4455 1799.
Swap Shop now OPEN Friday and Wednesday mornings from 8.30am thanks to our two volunteers. Thank you ladies!
P&C Meeting next Monday 2nd June, 7pm - All welcome!
**SPORT SNIPPETS**

GURUWIN storm home to win the athletics carnival…

After leading for much of the two day event, The Gawura Whales found themselves all out of luck when Hayden K and Josie T’s Sharkies went into attack mode and swam right by them. A good showing from The Bara Bream saw them finish in third place and the Daringyan Stingrays took out 4th place (somebody has to come last). Congratulations must go to those students who competed in the various events across the two days. More information to be published in next week’s Summit Times.

**Community News**

Are you thinking of leaving school and need help finding a job? At Essential Employment & Training we offer employment services. Transition to work (2 year employability skills program) and individual funding activities (subject to eligibility)

Contact our friendly and professional staff today
Freecall 1800 243 513 Email info@eetgroup.com
Phone (02)42273111 Web www.eetgroup.com.au

Milton Follies present “Bad Jelly the Witch”

at Milton Theatre Tickets $15 Country Leather
Fridays June 6 & 13* 7pm
Saturdays June 7 & 14 5pm
Sundays June 8 & 15 2pm

*Fri 13th Audience Dress up Night with prizes for categories: preschool to Yr 2; primary school, high school and adults. So come along and watch the show in your spookiest, scariest costume!

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**Become a CareSouth Foster Carer**

**Information Session**

Monday 2nd June
1.30pm or 5.30pm
at CareSouth Office
4/1 Myrtle St
MILTON

www.everydaycaresouth.org.au
Ph 1300 554 260

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**A “Taste of TAFE” Wednesday 4 June 2014**

at Nowra TAFE Campus...An opportunity for Years 10-12 students to experience the vocational courses & services on offer at Nowra Campus. Parents welcome and BBQ lunch provided. For timetable and information Ph 4421 9888

**Dates to Remember**

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<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event Details</th>
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<tbody>
<tr>
<td>Mon</td>
<td>26/5</td>
<td>Nominate now for SRC/SEC/SRC Prefects Y11 exams start</td>
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<tr>
<td>Tues</td>
<td>27/5</td>
<td>Reconciliation Week</td>
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<tr>
<td>Mon</td>
<td>2/6</td>
<td>Principal’s Awards Ceremony 11.40am</td>
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<td>P&amp;C Meeting 7pm Library</td>
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<tr>
<td>Tues</td>
<td>3/6</td>
<td>Principal’s Tour 4pm To book Ph44551799</td>
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<td>Wed</td>
<td>4/6</td>
<td>Zone Athletics</td>
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<td>Thurs</td>
<td>5/6</td>
<td>Y7 Environment Day</td>
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<tr>
<td>Tues</td>
<td>17/6</td>
<td>Exposure (3 nights) in UHS MPC 7pm</td>
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<tr>
<td>Fri</td>
<td>20/6</td>
<td>Exposure Matinee at Milton Theatre</td>
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<tr>
<td>Fri</td>
<td>27/6</td>
<td>Y7-10 reports to students Last day Term 2</td>
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**Important Dates for Term 3**

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<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event Details</th>
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<tbody>
<tr>
<td>Mon</td>
<td>14/7</td>
<td>School Development Day (pupil free)</td>
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<tr>
<td>Tues</td>
<td>15/7</td>
<td>First day of Term 3 for students (Week A)</td>
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<tr>
<td>Mon</td>
<td>21/7</td>
<td>Y10 into Y11 Information Night 7pm</td>
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<tr>
<td>Tues</td>
<td>22/7</td>
<td>Y10 SKYDS</td>
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<tr>
<td>Mon</td>
<td>28/7</td>
<td>Parent/Tchr Mtgs Y10,11,12 4-6.30pm</td>
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<td>Tues</td>
<td>29/7</td>
<td>Official UHS Opening</td>
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<tr>
<td>Mon</td>
<td>11/8</td>
<td>Y12 Trial HSC Exams begin</td>
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<td>P&amp;C Meeting 7pm Library</td>
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<tr>
<td>Mon</td>
<td>18/8</td>
<td>Y8 into Y9 Information Night 7pm</td>
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<tr>
<td>Thurs</td>
<td>21/8</td>
<td>Y9 High Country Ski Excursion</td>
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http://www.ulladulla-h.schools.nsw.edu.au