Finding your Passion and taking every opportunity to be successful

At Ulladulla High School the well being and mental health of our students is paramount. Providing opportunity for our students to understand what one needs to do to achieve our best, is our vision. This week we have two fabulous initiatives to help our students be confident, resilient and empowered young people. On Wednesday, as part of beyondblue's 50,000km National Roadshow, the Big Blue Bus will visit Ulladulla High School. This should be an outstanding opportunity and also for Years 10–12 we have a ‘Skills for Success’ course running after school.

Attending school every day is money in the bank.

Over the last 2 years I have been studying the links between success and school attendance. Our highest achievers consistently have attendance that is between 95 and 100%. It is important that we prioritise school as being the most important step to success beyond school and therefore attending school everyday is like money in the bank. Year 7 have opened their account, and each day you attend school makes you rich on your exit from school. I encourage all parents to plan holidays during school holiday periods, not school times, as much as possible. It is proven that breaks of time have a big impact on the flow of peer groups, work completion, skill development and understanding. So please think before you plan your next holiday during school term time.

We believe all students can work toward achieving 100% attendance. Thats a big fat bank account!

Swimming Carnival Fun all day tomorrow (Tuesday)

Shoalbus and Kellams buses will drop off and pick up students at the Leisure Centre. Ulladulla Bus Lines will drop all students at Leisure Centre in the morning - in the afternoon only Bus 6, 7 and 10 will pick up at Leisure Centre, the remainder of students will be collected outside the school at the normal time. Check on the school’s webpage for the schedule of races. Don’t forget to wear your house colours, apply your sunscreen, wear a hat and your smiling faces all day!
Geography Competition
If you are interested in participating in the Australian Geography Competition which will be held at our school on Wednesday 25th March 2015 (Week 9), please see Mrs Barry in the Budjjan staffroom to record your name. The entry fee for this event is $3 per student, this will be payable when entry forms are returned mid term. This competition is nationally recognised, it is a great learning experience for students to compete for great prizes - overseas trips to represent Australia in international competition, trips to North Stradbroke Island, Queensland, books, medals and to get certificates for your portfolios.
Entries will close on Friday 6th February.
Mrs Barry, HSIE Teacher

Smashbal at UHS
Smashbal (this is spelt correctly!!) is a hybrid of volleyball for developing (younger) players. The game focusses on the skill of Spiking (Smashing!). It is open to anyone in Years 7-8. An introduction will be held in Q15 on Tuesday 17th February at Lunchtime. Come along to watch some youtube and check it out.

Year 7 Bookpacks Available
We have a few packs left for purchase at $62 each. The pack includes a calculator, Maths textbook cover and all the exercise books necessary plus an UHS diary (to be distributed shortly) which has been specifically designed for Year 7 to use all year. Please ask at Students Services or Reception if you wish to purchase a Year 7 Bookpack.

Year 11 and 12. Generally Tuesday & Thursday afternoon 3:30pm – whenever
English: Mrs Williams and/or another English teacher will be available on both afternoons; again simply attend in the Q block foyer.
Mathematics: Runs on both afternoons as well without the need to book.
Chemistry: There will be Chemistry tuition for Year 12 on an afternoon to be negotiated with an experienced Chemistry teacher starting around mid-Term 1. Other subjects will run at a variety of times. If you would like support again please see Mr Rowland to make the necessary arrangements.

Exiting the school after tutoring: Camden Street gates will remain open until the conclusion of tutoring so please ask parents/carers to collect you in Camden Street. (The South Street main school gates are locked at 4pm.)

Leaving the school after tutoring:

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Ulladulla High School
After School Tuition Program
The UHS tuition program has grown extensively over the past eight years and we look forward to its continued success in 2015. As always tuition is free of charge. Many teachers run tuition at various times in negotiation with their students so as students have the opportunity to receive help in as many subjects as possible.

Year 7–10 Wednesday afternoon 3:30–4:30pm
Each Wednesday students wanting support with mathematics simply need to wait in the Q block foyer and a Maths teacher or teachers (depending on numbers) will be in attendance to help any students who attend. For Maths there is no need to book in, just simply attend. For help with any other subject students need to see Mr Rowland in the Mara staffroom, no later than the end of recess on the previous Monday so that arrangements can be made. Mr Rowland can also be contacted by parents on the school phone number or by email
robert.rowland@det.nsw.edu.au

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School Attendance
Holidays
As part of the implementation of the National Standards, holidays taken by students outside of school vacation periods will now be included as absences. A Certificate of Exemption can no longer be granted for this purpose.

Families are encouraged to holiday or travel during school vacations. If travel outside of school vacation periods is necessary, the following considerations apply:

- If the Principal accepts the reason for the absence, the absence will be marked as “L” and a Certificate of Extended Leave—Holiday issued.
- If the principal does not believe the absence is in the student’s best interests and does not accept the reason, the absence will be recorded as “A”. A Certificate of Extended Leave—Holiday will not be issued.
- If the period of absence is in excess of 50 days, the student may be eligible to enrol in Distance Education. For that period the student’s enrolment transfers to the Distance Education School.

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Leave Passes
Occasionally an appointment during school time is unavoidable. It is advisable to make appointments prior to the day and send a note with the student requesting a leave pass. The student brings the leave pass request to Student Services before 9am on the day.

Leave Pass Request
To: Ulladulla High School
Student’s Name: ………………………
** (incl. surname) **
Roll Class: …………
Time student is required to leave: ……………….
Time student is returning: …………………….
Reason: ………………………………………….
Parent/Carer’s Name (Print) …………………….
Signature ……………………………………….
Uniform Shop
OPEN MONDAY-FRIDAY
8.00am-10.00am
Entry available through lower St Vincent Street gates
(Dial #152 on intercom to request gates be opened)

Uniform Swap Shop
Open Tuesday and Friday 8.30am-9am
located behind Canteen
Please send in your clean preloved uniform

Who we are - Where we live...
Photo taken by Ian T

From Canteen
Thank you to those who have volunteered to help us in 2015. We do need more. Phone Lynda on 44541758.
Canteen wishes to offer you more healthy choices:
Brown or white sandwiches will be sold - from $2 each:
Choice of vegemite/cheese/cheese & tomato
Salad bowls $4 each: Choice of Caesar or egg or ham or cheese with a salad mix
Chicken Pasta Box $4
*Order in the morning to get exactly what you want plus avoid the queues. Bags, pens and price list supplied

Wednesday Special
Meatball sub $3

Dairy Farmers Term 1 Milk Promotion - buy a Dare to enter the draw. $150 Canteen voucher up for grabs!

Free Vegemite Toast available Tuesday
Wednesday and Thursday mornings thanks to the SRC, Bakers Delight and Ulladulla Anglican Church
Canteen List on http://www.ulladulla-h.schools.nsw.edu.au

Welcome BBQ for Year 7
Welcome to all our new Year 7 students. A note will be going home inviting you and your family to a barbecue at the school next Monday (16th February) commencing at 5.30pm. We would appreciate the return of the slips advising of your attendance - this is a great help with catering. The BBQ is a chance to meet teachers and students in a casual relaxed friendly environment. I look forward to seeing you all then.
Trish Karaboikis
Year Adviser

Students of the Week
Aaron Verhoeven Year 9 is a very focussed student, always ready to learn and achieve his best. UHS is proud to have this world class learner.

Regan Roughley Year 7 has had a great start to the year. Regan is an enthusiastic learner in all subjects.

Congratulations to Regan and Aaron. Keep up the good work!

We look forward to bringing you two students weekly in 2015! Welcome to Ulladulla High School Promotion Roll Call

Cyberbullying
The law is on your side. People who bully believe (incorrectly) that mobiles are a means of taunting their target anonymously. They are wrong. It’s a criminal offence to use a mobile phone to menace or harass or offend another person.
And almost all malicious calls can now be traced.
A big thank you to Senior Constable Angelic Phara for the Cyberbullying workshops run last week for Year 7 and 8.

P&C Meeting Monday
The P&C would love to see new parents at our first meeting for 2015 this Monday 9th Feb at 7pm in the library. It is a great way to hear about what is happening in the school in a friendly, welcoming atmosphere. Bring a friend!
Community News

Bite Back Competition
Share your big plans to get the most out of 2015. Some massive prize packs are on offer! For this competition BITE BACK wants to hear about the positive things you're doing to take life to the next level. There are 5 prize packs for the most captivating entries including Fuji instant cameras, zombie speakers, an ice cream maker, desktop mini pool table, and heaps more.
So how will you BITE BACK in 2015?
Visit www.biteback.org.au/competition for more details
Entries close soon!
Ms Waters
Rlvg Head Teacher Student Well Being

Ulladulla Martial Arts
Self Defence- Females only class
Tues 6 – 7 pm starting soon
bookings Essential
Jodo Japanese stick Fighting- All welcome all ages Wed 5 to 6pm Basketball stadium Milton
Aikido & Mixed Martial Arts- All ages Wed 4 to 5pm Basketball stadium Milton
Private Lessons Available
Fully accredited Instructors & Fully Insured
Cost per class 17YRS & under $7, 18yrs & Over $10
PH 0439278756

Dates to Remember
Mon 9/2 P&C Meeting 7pm in Library
Remainder School Photos
Tues 10/2 Swimming Carnival
Mon 16/2 Welcome to Y7 Family BBQ 5.30pm
Mon 7/3 P&C AGM 7pm
Mon 16/3 Parent/Tchr Meetings Y10,11,12 4-6.30pm
Tues 17/3 Excellence Assembly
Thurs 19/3 Principal’s Awards
Mon 23/3 Y12 Half Yearly Exams begin
Mon 30/4 Parent/Tchr Meetings Y7,8,9 4-6.30pm
Thurs 2/4 Last day of Term 1
Term 2 Dates
Mon 20/4 School Development Day (pupil free)
Tues 21/4 Students return
http://www.ulladulla-h.schools.nsw.edu.au

Swimming Carnival Buses
Kellams
All Kellams Buses will drop off and pick up from the school.
Ulladulla Bus Lines
All Ulladulla Bus Line buses will drop off at the pool in the morning. Bus numbers 6, 7 & 10 will pick up from the pool. All others will pick up from school.

Representative Sport Sign Up Day.
On Wednesday (week 3) the sports faculty will be running a sign up day at lunchtime in the MPC for all representative sports. If you wish to trial for any representative teams, you will need to add your name to the relevant list on this day.

Valentine’s Day Announcement
This year the SRC have gotten rid of roses and replaced them with chocolate bilbies. The SRC will be selling them all next week leading up to Valentine’s Day in the quad. Two chocolate hearts and a chocolate bilby will be $3.00 and 10c of every purchase will go towards the conservation of bilbies. Thankyou for your support!