Our NSW Champion

Swimming is one of those sports that takes a persistence and dedication to training. Watching that black line hour after hour. I have to congratulate Oriane Villiers on her outstanding achievement of GOLD - First in the Combined High Schools Swimming Championships in the 100m Fly. She was delighted with her results as she had only just returned to full training five weeks prior to Championships. Another outstanding achievement. Congratulations Oriane!

Leadership and Vision for Student Leaders

The last week of Term 1, our School Captain joined Ann Sudmalis in Canberra for the 20th National Schools Constitutional Convention. Jacob Williams had the opportunity to learn more about the way Parliament works, the role of the Speaker and meet Bronwyn Bishop.

Courage to all students who believe in kindness…

At Ulladulla High School we strongly believe in creating a safe and caring environment. Luke Nolan, our Year 11 AIME Ambassador, wants to make a difference and wants all students to show kindness and courage in all situations. His passion lies with creating change to put an end to bullying.

We have support structures in the school such as the Student Representative Council, teachers, Counsellors, Year Advisers and support staff. Never hesitate to seek help when you need it. It’s not OK to be a bully, and the active bystander must ensure all are safe. Take a stand to make a difference.

Y7 put on their best for the HOME Room Comp!

Miss Karaboikis and I visited all our Year 7 homerooms on the last week of Term 1 and were overwhelmed by the competition between the Year 7 classes for having the best room.

What was most impressive was the creative responses and the articulate, intellectual deep thinking that was part of each display. The winners were 7White/7Blue for a tie and 7Green as runner up.

Have a fantastic first week of term.
Denise Lofts, Principal

Principal’s Last Word....

Forgiveness is one of the most important emotions you can give to anyone.

Survey for Proposed New School Day 9am-3pm

P&C Special General Meeting was held last night with consultation about the plan to create a change to the school timetable for the benefit of students and safety on the roads in the afternoons. The advantage of a 3pm finish would allow more opportunities for tutoring, after school groups, bands, meetings etc. You still have time to give the changes your support or point of view. Please check facebook and our webpage for the link to the survey.

Proposed Bell Times: Warning bell 8.55am for 9am Roll Call; Period 1 starts 9.10am, Period 2 10am; Recess 10.50; Period 3 11.10am, Period 4 12noon, Lunch 12.50-1.20pm; Period 5 1.20pm and Period 6 2.10pm-3pm.
Congratulations Year 7!

You have survived your first term at High School. Get prepared for more assignments and homework that will be coming up; but don’t worry too much, High School is also filled with great opportunities and is loads of fun! We asked Year 7 to describe in one word how high school has been so far. Everyone agreed that high school is fun, cool, good, all right (such great vocabulary!), exciting, intriguing, awesome, overwhelming, interesting and that we have too much homework! If your experience has not been any of these words, just remember that it will only get better………..Promotional Roll Call

New animals in Ag Plot

The school farm is buzzing with excitement with the arrival of the new alpaca ‘Ned’ and a Merino sheep “Myrtle” and a Border Leicester (no name yet). Hopefully in five months time we’ll see some baby lambs in the school farm. The students are busy in their gardens getting ready for winter and the students in Year 10 also raised their own chicken in Term 1 and were able to take them home at the end of the term. We wish the chickens all the best in their new homes and hope they start laying some yummy eggs in the weeks to come.

What an awesome time of year it is.

Mrs Westerway. Agriculture

Code of Conduct for School Students on Buses

- Behaving appropriately
- Respecting Property
- Holding passes

It is every student’s responsibility to behave in a manner that ensures the safety and comfort of passengers, themselves and drivers. Disobeying these rules may lead to the withdrawal of travel passes for subsidised travel, a ban from travelling on buses and may even lead to police prosecution and court action.

SCHOOL ZONE Offences – As at 1 February 2015

To avoid receiving a fine when you’re dropping off or picking up children from school please observe the road rules associated with signs around schools. These are a guide only and are subject to change without notice.

<table>
<thead>
<tr>
<th>Offence</th>
<th>Maximum Penalty</th>
<th>Penalty</th>
</tr>
</thead>
<tbody>
<tr>
<td>SPEEDING OFFENCES</td>
<td>$3702 + 7 Demerit Points</td>
<td>$415 + 4 Demerit Points</td>
</tr>
<tr>
<td>MOBILE PHONE USE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>You must not drive while using a hand-held mobile phone in a school zone.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CHILDREN’S CROSSINGS</td>
<td>$519 + 4 Demerit Points</td>
<td></td>
</tr>
<tr>
<td>Disobey hand-held stop sign at Children's Crossing or approach Children's Crossing too quickly to stop safely.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>U TURNS</td>
<td>$415 + 4 Demerit Points</td>
<td></td>
</tr>
<tr>
<td>Make a U-Turn without giving way to pedestrian or vehicle in a School Zone.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NO STOPPING</td>
<td>$311 + 2 Demerit Points</td>
<td></td>
</tr>
<tr>
<td>Under no circumstances are you allowed to stop here (unless there is a medical or other emergency).</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NO PARKING</td>
<td>$173 + 2 Demerit Points</td>
<td></td>
</tr>
<tr>
<td>You may stop here for no more than 2 minutes, but only when engaged in picking up or dropping off passengers and you must stay within 3 metres of your vehicle. Otherwise no stopping is permitted.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BUS ZONE</td>
<td>$311 + 2 Demerit Points</td>
<td></td>
</tr>
<tr>
<td>You are not allowed to stop your vehicle unless you are driving a bus.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DOUBLE PARKING</td>
<td>$311 + 2 Demerit Points</td>
<td></td>
</tr>
<tr>
<td>You are not permitted to stop or park your vehicle alongside another vehicle that is already parked parallel to the kerb.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

App of the Week

Quizoid - A clean multiple choice trivia quiz like Jeopardy or Trivial Pursuit

Tie the knot to stand up and say “NO... Bullying is NOT OKAY”

Code of Conduct for School Students on Buses

- Behaving appropriately
- Respecting Property
- Holding passes

It is every student’s responsibility to behave in a manner that ensures the safety and comfort of passengers, themselves and drivers. Disobeying these rules may lead to the withdrawal of travel passes for subsidised travel, a ban from travelling on buses and may even lead to police prosecution and court action.
Uniform Shop
OPEN MONDAY-FRIDAY
8.00am-10.00am
Entry available through lower St Vincent Street gates
(Dial #152 on intercom to request gates be opened)
Retain receipts for exchange or refunds
Uniform price list can be found on our website
http://www.ullahulla-h.schools.nsw.edu.au

From Canteen
DARE competition winner for Term 1 is Tyler Evans - $150 voucher to spend in Canteen. Thank you Dairy Farmers. Who will win in Term 2?
Free Vegemite Toast available Tuesday Wednesday and Thursday mornings thanks to the SRC, Bakers Delight and Ulladulla Anglican Church
Organise your LUNCH ORDERS in the morning
Bags, pens and price list supplied
Canteen List on http://www.ullahulla-

P&C Meeting
Monday 11th May 7pm in Library
We love to see new faces at our meetings - and we look forward to welcoming our regulars too!

Students of the Week
Angus Rutherford Year 7, has had a great start to Year 7 and is impressive with his positive attitude, enthusiasm and inclusiveness of others in all situations.
Gabriella Caltabiano Year 12, is a truly focussed student who manages her time well and produces good results. Gabriella achieves a good balance in her school life and is well respected by teachers and students.
Congratulations to Angus and Gabriella. Keep up the good work!
We look forward to bringing you next week’s students of the week!
Promotion Roll Call

Careers News
Check your emails regularly to stay on top of year specific offers. There is always new and exciting offers of education and career opportunities in the Careers section of our webpage.
Miss Karaboikis ……… Relieving Careers Adviser

Same Old Loneliness
Dark, cold and miserable is the weather that reflects my mood. I sit on the driveway crying, wondering why am I even here? Happiness is just within my grasp, but I cannot bring myself to reach for it. No one helps me obtain this precious prize. They just let me soak in my sadness, like an absorbent cloth. My home is broken and no one will even care if I leave right now. I reflect on the lousy life I’ve had. I feel disgraceful to even be alive. I could do something to fix this, but I just sit on the driveway with the company of the same old loneliness.
By Zoe Hewitt and Sarah Pennisi

Recipe of the day
Fruit salad
Ingredients:

- 1 orange
- 1 banana
- 1 apple
- 1 mango
- 1 cup of blueberries
- 1 cup of strawberries
- 1 cup of pineapple
- 1 cup of grapes

Instructions:
1. Peel the orange, banana and apple and cut them into small pieces.
2. Slice the mango, grapes, blueberries, strawberries and pineapple.
3. Mix all the ingredients together in a large bowl.
4. Serve cold.

Responsible-Respectful-Learning
Creating creative, articulate and resourceful young people able to contribute positively to the global community
**SPORT SNIPPETS**

**House Sport**
The winners for the first term of house sport have all been decided. Congratulations to each of the following teams who have finished in first sport on the ladder:
- Year 7—Gawura A
- Year 8—Gurruwin B
- Year 9—Daringyan A
- Year 10—Guruwin A
The second round of sports will kick off at the beginning of next week, with students competing in a variety of winter sports across Term 2.

**Free Choice week**
is scheduled for Week 9 of this term. This is a chance for students to participate in a sport that they would not normally do at school. Sports included surfing, lazer tag, bowling, skateboarding and tennis. If you would like to participate in any of these external sports and have not yet done so, you will need to pay the sport fee to Student Services by the end of Week 6.

**Cross Country Carnival**
This year will see changes in the way that the Cross Country Carnival is structured. All students in Year 7-10 will compete in the carnival during their first week of sport this term. Any students in Year 11-12 who would like to compete, will need to collect a permission note from the Mara staffroom and return it to the Sport box by the end of Week 1.

---

**School Musical- Sponsorship Opportunities!**
In June 2015 Ulladulla High School will once again be presenting a school musical, *Little Shop of Horrors*.
Financial support for this production is being sought from local businesses and community organisations. In return for your support, there are a range of sponsorship opportunities.

- **$200 Gold Sponsorship**
- **$100 Silver Sponsorship**
- **$50 Bronze Sponsorship**
In order to take advantage of this unique opportunity, please contact Michael Ramsden at the school on 44551799 or email [michael.ramsden1@det.nsw.edu.au](mailto:michael.ramsden1@det.nsw.edu.au).
Thank you in anticipation of your support.

---

**Community News**

**Free Flu Vac Clinic for Young People 12-24**
Thursday 30th April, from 2-4pm and Thursday 14th May
At CROSSROADS Youth Health
49 Worrigee Street
Nowra NSW 2541
Ring 44231764 to book for this free service

---

**Learn to Swim CLASSES:**
20th Apr –27th June (10 weeks) Classes available weekday afternoons & Saturday mornings

**Squad Sessions:**
20th Apr–27th June (10 weeks) weekday mornings and afternoons (Some NEW session times)

**Teen Gym** Sessions weekday afternoons
No bookings required
Don’t Delay - Call Now Ph4444 8811

---

**Escape Arts Festival - Digital Still and Video Competition**
Online competition for Digital photos and short videos.
Theme is "Clash" and there is an Under 18 section and an Open section.
If you teach Photography, video or know any keen young students with an interest in the area, head them over to our website for all the details. [http://www.artfestdigital.org](http://www.artfestdigital.org)

---

**OPPORTUNITY ‘C’ CLASS for 2016**
Parents of gifted and talented children in the Shoalhaven district currently in Year 4 are invited to attend an INFORMATION EVENING
6.00pm, Tuesday 28 April 2015
at Illaroo Road Public School
A Year 5 Opportunity ‘C’ class will be formed in 2016 for gifted and talented students in Year 4 in 2015.
For more info phone Bob Lowe, DP, on 4421 0422

---

**Dates to Remember**
- Tues 21/4 Students return
- Fri 24/4 Anzac Day Ceremony
- Tues 5/5 Motivational Media
- Thurs 7/5 Vaccinations Round 2
- Fri 8/5 Zone Cross Country
- Mon 11/5 P&C Meeting 7pm
- Tues 19/5 Athletics Carnival
- Wed 20/5 Athletics Carnival
- Fri 12/6 Little Shop of Horrors Opening Night
[http://www.ulladulla-h.schools.nsw.edu.au](http://www.ulladulla-h.schools.nsw.edu.au)

---

**Welcome back to another great Term of learning**