Welcome to our World Class School

Ulladulla High School
Principal: Denise Lofts
Deputy Principals:
Barry Christiansen Years 8, 10, 12
Karen Lissa Years 9, 11
George Betsis Year 7

Term 1 Week 2A 1st-5th February 2016
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Push the limits of your potential
‘Don’t be afraid of greatness, embrace it, don’t ever stop trying to push the limits of your potential…Don’t ever stop laughing, dreaming and believing’ JMB, Aime CEO and Founder.

Welcome new teachers to this fantastic school

Welcome L-R Sarah Ford, Leon Close, Takako Holstegge, Lily Dale, Kara Sulis, Caitlin McGrath, Sam Howcroft, Gemma Smith, Sharon Bunyan, Hayley Henness (Absent from photo Hamish Richardson and Samantha Kneeshaw)

House of Drones – our Robotic team
We are looking forward to the opportunities that will come to our students. Already great things have happened in the holidays for our Robotics Team who were busy building huge mechanical robots over their holiday break. Go Team! These robots will be configured using Coding that the students have invented and created. Soon you will see Robots zipping around the playground. The team will be working with the University of Wollongong next week and they are due to compete in the robot challenge after that. More details of this outstanding opportunity will be coming.

What is our focus for 2016?
We believe that “High Achievement comes within the framework of High Expectation”. We expect nothing but the best for our students. This year we want students to:
• Build their potential through a Growth Mindset.
• Build skills in Mindfulness so that they can focus their minds.
• Continue to fill our classrooms with Deep Authentic Learning.
• Support 24/7 Learning with BYOD and the platforms of learning – 365 and google Apps.
• Focus our innovations on Student and Teacher Learning
As I say….Stretchhhhh your potential!

Mark your calendar for Expo@UHS
As a learning community, we are engaged in various projects throughout the year. These projects allow our students to learn in a hands-on manner. We would like to invite the parents to Expo@UHS night on the 17th March, where you will be able to see the projects that our students have been working on. The projects will range from clever Robots created by the Robotics Team, to the Science Fair Projects of Year 9, to the gourmet creations of the food techies. Every student will have a project to display. Students will be hearing about this in their classes.

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Have a great week, Denise Lofts Principal

App of the Week... Happify
Description Happiness: research on the science of happiness into an everyday app that will literally retrain your brain to banish negative thoughts and create a richer, more fulfilling life.

School Photographs
this Thursday (4th February)
Wear your best uniform.
You’re Invited
What: UHS Swimming Carnival
When: Tuesday 9th February 2016
Where: Ulladulla Leisure Centre

What to bring: Swimmers, sunscreen, house coloured costumes, parents, cheer squad
What not to bring: Streamers and paint

Welcome back to what promises to be another fantastic year of sport! This term students will have the opportunity to show their prowess in the pool, fitness on the cross country track and talents on the sporting field.

Over the next few weeks, CHS coaches will be running trials across a number of sports for those students wishing to compete at a representative sport.

House Captain nominations will be completed during Week 2. More information on the application process will be provided during sport meetings.

House and MVP competitions will start next week across Years 7 to 10. Free Choice week is scheduled for Week 8 of Term 1. This is an opportunity for students to try an external sport such as surfing, tennis or skateboarding.

The cost is $10 per person per term and can be paid in full or term by term.

Welcome BBQ for Year 7
Welcome to all our new Year 7 students. A note will be going home inviting you and your family to a barbecue at the school on Monday 15th February. We would appreciate the return of the slips advising of your attendance - this is a great help with catering. The BBQ is a chance to meet teachers and students in a casual relaxed friendly environment. We look forward to seeing you all then.

Suanne Knight Year 7 Adviser
Sharyn Wheatley Year 7 Assistant

P&C Meeting
Next Monday
8/2 7pm start in Library

Become involved with student education... Have your point of view and broaden our horizons! We love our regulars but new members are special!

Who we are - Where we live...
Open to all students - please send your photos to ulladulla-h.school@det.nsw.edu.au
A photo is chosen weekly to add colour and interest to our school newsletter. They are your interpretation of what we love, admire, believe and do. They will be displayed in our annual art exhibition. Have fun capturing these photos!

SPORT SNIPPETS
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BYOD - Bring Your Own Device
What is BYOD? Bring your own device (BYOD) refers to technology models where students bring a personally owned device to school for the purpose of learning. A personally owned device is any technology device brought into the school and owned by a student (or the student’s family), staff or guests. An example of a device includes a laptop, chromebook or a tablet etc.

What does this mean for 2016? In 2016, UHS is continuing to embrace the BYOD initiative in order to encourage our 21st Century students to build their capacity to become active, collaborative, and self-motivated global learners. In 2016 staff will be implementing more technology in their classrooms, all students are required to have a device for every lesson.

What device do I need to bring? If your child already has a device, we encourage them to bring it to school. However if you are looking at purchasing a new device, we strongly encourage you to consider purchasing a tablet as it has more functionality than a tablet, especially for students in Year 9 onwards.

Which device should I purchase? UHS is not recommending any particular device to be purchased. For more information on devices that have been tried and tested at our school, view the information on the school website: http://www.ulladulla-h.schools.nsw.edu.au/our-school/our-technology/bring-your-own-device-bypod

Can I borrow a device from the school? At UHS, we understand that purchasing a device may place financial pressures on some families. The school is here to assist and support you. If your child needs to borrow a device for a short or long period of time, please complete the BYOD section on the financial assistance form, which can be collected from the Front Office, or can be downloaded from the school website: http://www.ulladulla-h.schools.nsw.edu.au/caring-for-students/financial-assistance

What else do I need to consider? Students are responsible for their own property and the respect of others’ property. It is highly recommended that all devices are stored in a strong case which will provide protection in your child’s school bag.

Uniform/shoes make the difference
Canvass shoes are not WH&S approved therefore ARE NOT uniform. All black leather shoes with all black laces are correct uniform. They cover the WH&S issues, look good and are waterproof to keep feet safe and warm.
# Ulladulla High School
## Canteen Price List 2016

Canteen Supervisor, Lynda Sayers, can be contacted Monday - Friday 8am - 3.30pm on 4454 1758

### ROLLS available daily
- Cheese and Salad: 3.50
- Chicken Lettuce Mayo: 3.50
- Ham and Salad: 3.50
- Chicken Lavash Roll: 4.00

### HOT FOOD available daily
- Cheese and Bacon roll: 1.90
- Pizza Rounda: 2.80
- Sausage Roll: 2.50
- Cup of Noodles: 2.00
- Vegetarian Slice (homemade): 2.50
- Pie - Beef: 2.70
- Spinach/Ricotta Roll: 2.80
- Mini Pies plain, pizza, chicken: 3.00
- Spaghetti bolognese: 3.00
- Sweet & Sour Chicken: 3.00
- Dahl with rice: 3.00
- Fried Rice: 2.50
- Chicken Curry: 3.00
- Sauce Extra (tomato or sweet/sour): .40

### SALAD BOX
- Chicken and Pasta: 4.00
- Chicken & Caesar Salad: 4.00

### If ordered before 11am:
- Garden or egg salad box: 4.00
- Ham or cheese salad box: 4.00

### DRINKS
- Plain Milk 600ml: 1.50
- Flavoured Moove 300ml: 2.00
- Flavoured Moove 600ml: 2.50
- Flavoured DARE 500ml: 3.00
- Popper: 1.00
- Cans: 1.50
- Bottle of Juice: 2.50

### GENERAL EVERYDAY
- Jelly Cup: 1.00
- Watermelon: 1.50
- Muffin: 1.90

### ICE CREAM
- Frozen Yoghurt: 2.20
- Frozen Fruit Cup: .60
- Icy Twist: 1.20
- Sunny Boy: 1.00
- Paddle Pops: 1.50
- Thick Shake: 2.00
- Cyclone: 2.00

### MONDAY
- Hot Dog and sauce: 2.50
- Chicken Burger: 3.50

### TUESDAY
- Chicken Nuggets (6): 2.00
- Chicken Chilli Wrap: 3.50

### WEDNESDAY
- Hot Dog and sauce: 2.50
- Chiko Roll: 2.00

### THURSDAY
- Chicken Caesar Burger: 4.00

### FRIDAY
- Meatball Sub: 3.50
- Garlic Bread: 1.50

Sauce: Is sold as an extra for pies, sausage rolls, nuggets and wedges Cost 40c

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We cater for vegetarians — but please place lunch order so as not to be disappointed.

**Red Food Day** (two per term) Check Display Board and The Summit Times for dates and specials

**Lunch Orders** are encouraged. Order before 8.55am or the last 5 minutes of recess. Bags are free, pens and menu are available when placing order.

If you wish to order a food item different to the menu/price list, please ask us.

We would like to thank all our **volunteers** for their hard work and encourage more to join us.

We are desperate for volunteers. Please phone Lynda 4454 1758
**Community News**

**TEEN PROGRAMS**

- **LEARN TO SWIM CLASSES:**
  - 25th Jan – 9th Apr (11 weeks)
  - Classes available all weekday afternoons and Saturday mornings

- **SQUAD SESSIONS:**
  - 25th Jan – 9th Apr (11 weeks)
  - Sessions weekday mornings and afternoons *New Development Squad

- **TEEN GYM SESSIONS:**
  - Sessions weekday afternoons
  - No bookings required

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**Ready - Set - Flash! School Photographs Thursday**

School photos will be taken this Thursday, whilst everyone is looking fresh faced, relaxed and uniforms are in their best condition! Photos are ordered on the envelope that is sent home, and are handed to the photographers ON THE DAY with payment. Every student will have their photo taken, late orders are possible (Monday February 8) however they may attract a late fee.

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**From Canteen**

**Lots of yummy food at great prices!**

With our 1/2 hour lunchtime it is wise to organise your LUNCH ORDER before 8.55am or at recess.

Lunch order choices are also available from designer menu. Bags, pens and price list supplied.


To all the new parents: Canteen is P&C’s main fundraiser - all monies raised go to the school. But we are desperate for volunteers - if you can help phone Lynda direct on 4454 1758

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**Uniform Shop**

**OPEN Monday-Friday 8am-10am**

Entry available through lower St Vincent Street gates (Dial #152 on intercom to request gates be opened)

Junior jackets expected to arrive in March ready for the cooler weather.

Retain receipts for exchange or refunds and label all uniform items


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**A Toast to community support!**

Free Toast available Tuesday Wednesday and Thursday mornings at MPC thanks to SRC, Bakers Delight, Ulladulla Anglican, Hayden’s Pies. Give the brain a good start to the day!

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